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LAMBDA

PROUDLY SERVING THE LAURENTIAN UNIVERSITY COMMUNITY SINCE 1961

Cambrian students prepare to cycle across Canada

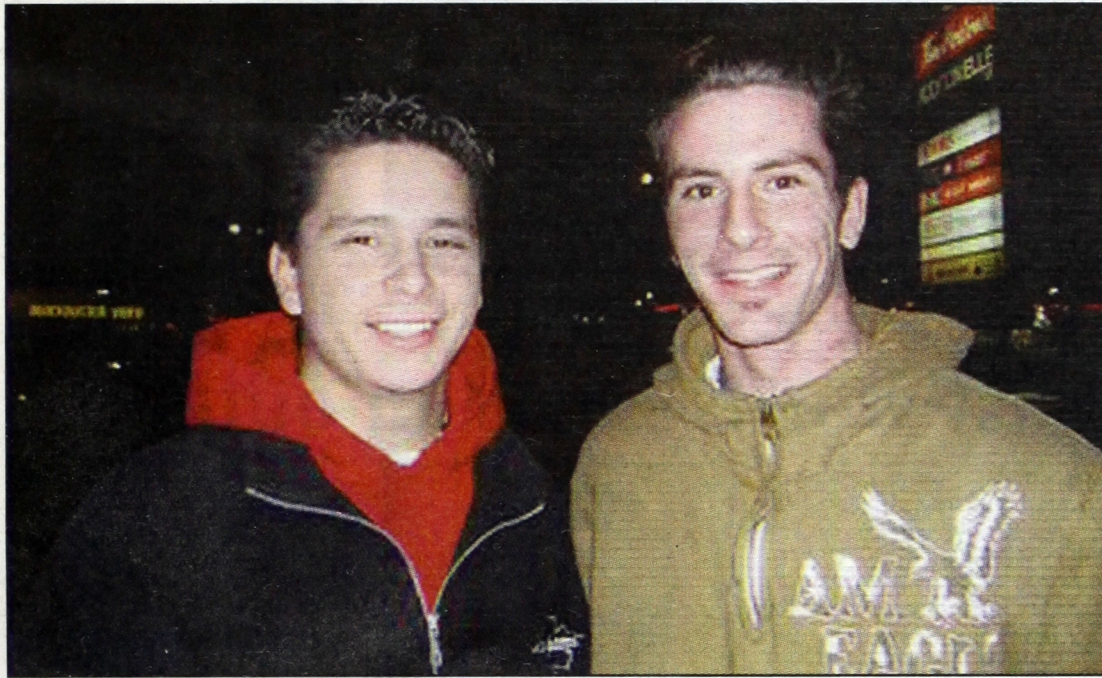
BY MATTHEW
DESROSIERS
EDITOR-IN-CHIEF

Beginning April 2007, cyclists Mike Nordby, 21, and Randy Sauve, 22, will begin a 120-day cycling tour across Canada to raise awareness about physical fitness. The duo will start out in Sudbury and make their way to the east coast. From there, they will catch a plane to Whitehorse, and make their way down to the West coast, and back across the plains to end back in Sudbury.

"It's been a dream of mine to cycle across Canada for a long time now", Nordby explained. "What first inspired me was my dad showed me an article of people who did it...it just sounded like a great idea and I told my dad right away that I could do that, and I'm going to do that."

In his first year at Cambrian College in 2004, Nordby found himself involved with the Big Brothers/Big Sisters of Sudbury through his placement. Seeing his opportunity, he pitched them his idea of a cross-Canada cycling tour. Although he met with a lot of resistance at first, slowly Nordby began putting together the tour, one sponsor at a time. What he really needed was a partner to join him on the road.

"One day I got to class late and I sat down beside Mike,



Randy Sauve (left) and Mike Nordby (right) prepare to cycle across Canada to raise awareness about physical activity among today's youth.

which I never did," reflected Sauve. "He just started making small talk, and like the second thing that came out of his mouth was 'do you want to cycle across Canada with me' and I just said 'sure man'."

Although it was Nordby's dream, it didn't take Sauve long to find his place in the tour. "I'm always looking for new ways to increase the challenge, and it's for a great cause," Sauve said.

"I'm finding ways to do it for myself, too. Like, we're doing health and wellness promotions all the way across Canada, and in my family there is a lot of type 2 diabetes and a lot of obesity and stuff like that, so [being able to] spread the word to everybody across Canada is a really big issue for me."

The tour is undeniably a massive undertaking, especially for people who have no real

cycling experience. Although he has participated in mountain biking since he was young, Sauve has never done anything like this before. Nordby, who needed some experience on the road before Big Brothers/Big Sisters would take him seriously, purchased a bike two weeks before school and, without any prior experience, biked to Sudbury. With this in mind, they still planned their trip according

to a hard schedule that will see them cover 70.8 miles per day, over the 120-day tour.

In order to meet their goal, the pair has had to hit the gym for endurance training and conditioning, despite being natural athletes. More than that, they have also had to prepare themselves mentally. Despite their relatively young age, however, these two are not backing down from the challenge.

"I like to go man, I like to push myself," said Nordby. "That's what drives us," added Sauve. "Being nervous is just going to make us bike harder." They also mentioned that with roughly 60 stops along the tour housing Big Brothers/Big Sisters, the events and outreaches there will help push them along and drive them to continue.

"To see this all come together now on such a large scale, it just really goes to show you that if you got a dream, just chase it and you know it will happen," Nordby explained. "That's just what we want to show kids man; don't be afraid to run with your dreams."

If you would like more information about the tour, the motivations and the goals behind it, then check out their website at www.randysauve.ca or www.mikenordby.ca.

Contributed

30 hour famine falls short of expectations

BY MATTHEW MOSKAL
A&E EDITOR

Consider this: More than 852 million people in the world are malnourished, the majority being in the developed world. One in ten of the children in these developing countries will not live past the age of 5. In fact, over 400 million people have died over the past 50 years on account of starvation (as indicated on the World Vision website). Knowing that organizations have been created for the sole purpose of providing as much sustenance and shelter for these people as humanly possible, and that they need your help to fund their project, would you give? What if it only cost you one dollar a day to keep this child alive, would you help then?

Huntington University Communication Society (or HUCS as they prefer to be called) took to World Vision's 30 Hour Famine program to help support the cause of ending world hunger. The campaign had participants raise money by receiving sponsors for them to partake in the famine, followed by spending 30 hours without food in Laurentian University's Student Centre. President Jessica Seguin and the HUCS council banded together to gather as many contributors as

possible. The group received over \$1700 worth of donations (\$500 being contributed by HUCS itself) and 60 applicants (each expected to bring back at least \$50 in donations) to starve themselves for a mere day and a quarter for the cause. It seemed as though goodwill was truly in the air going into the event on Friday, March 23.

The Famine Crew had organized every aspect of the evening. Everything from bands and foreign films to karaoke and improv games had been scheduled out to kill the boredom. Even Respect is Burning came in to feed the starving students after what would be 30 of the hungriest hours of their lives. Hours of planning would come together for just over a day's worth of excitement and sacrifice.

Yet, somehow, things didn't really go at all as planned. Donations arrived, but those who seemed so willing to starve themselves before did not. Granted, it was a Friday evening; a time when many are tempted to blow off prior engagements for a night out, but the majority of attendees were either HUCS members, SGA council, or contributors to a certain local campus newspaper (that's me). There were no more than 20 people in the Student

Centre at a time (as many participants would leave and return throughout the night). Could it be that all that hard work and planning went into nothing? Or was there a chance for salvation amongst the few attending?

In all honesty, no matter how crushed some spirits were by the lack of turnout and donations, the company present still had a decent time. With the bellies aching and 30 hours on the clock, the spectacle of a distraction that was promised earlier had to be compromised due to lack of numbers, and the crew found themselves searching for any means of entertainment possible. Karaoke kept everyone happy knowing that they wouldn't have to humiliate themselves in front of an audience as large as expected. The group game of 'Scene It' was a lot easier to organize (and win) without the mumbling of dozens of voices in the background. Sleeping arrangements didn't force everyone in the vicinity of the study area to spoon mercilessly throughout the night. Even the line-up for the food at the end of the evening wasn't horribly crowded as the starving group finally go their hands on the feast they had been longing for.

Overall, the famine was quite the debacle for the organiz-



Contributed

Famine participants enjoy a feast provided by Respect is Burning after 30hrs without food.

ers. Much like professors whose students have decided to skip class and hope not to be noticed, they were blindsided by the poor turnout. It was a shame to see careful planning go to waste and truly sad when a charity with this much dedication behind it fails to bring in the amount of money expected. However, not all was

lost, and if anything, the few in attendance probably had more fun than anticipated in the middle of the day.

Not much can be said in terms of another 30 Hour Famine next year. If it happens again, it will be interesting to see whether or not HUCS takes a more cautious approach. Time will tell.

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Lambda circulates 2,200 copies throughout the City of Greater Sudbury and the Laurentian University Campus. We thank the following for permitting us to circulate our paper at their establishments.

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WRITE TO US

Include your full name and student number. Please keep articles to a maximum of 700 words. Lambda reserves the right to edit for content considered sexist, racist, homophobic, heterosexist, for length, or legal purposes. Letters of a harassing or slanderous nature will be dealt with by the proper authorities.

E-MAIL SUBMISSIONS

Please e-mail submissions to lambda@laurentian.ca. Ensure the file is saved as TEXT or Word, as other files may not be transferable to Mac format. To be considered for print, all submissions must have your name and student number.

EDITOR'S CORNER

The final issue of 2006/2007

This being the last issue of the year, I'm excited and a bit disappointed all at once. The classes are almost over...another week and we begin the dreaded final examination period. One last month of hard work before it's all over for another summer, so hang in there, friends.

I am very much excited for the summer, but even more so for September as it holds a whole new experience for me. That's right, my time with Lambda is at an end. After a year and a half with this publication, I'm sorry to have to go. I've learnt a lot in this office, more than I would of thought possible to be honest.

Those of you who read my editorials on a regular basis are aware of my feelings towards participation in the student community. Once again I want to encourage all of you to find a role somewhere in this school and

Editorial



take full advantage of the things it will teach you. There are things

that cannot be learned in a classroom, believe me. Despite what your professors may say, your textbooks don't have all of the answers. I may not have been the best editor this paper has ever seen, but I took full advantage of this experience and I leave with no regrets.

I'd like to thank all of the Lambda staff for their hard work this year. They wrestled with school, work and friends while still finding the time to put forth their best for this paper, and for that commitment I find myself extremely thankful. I'd also like to thank all of you who contributed to Lambda, those who contacted me with comments and suggestions, and those who hovered around me during distribution, just waiting for that fresh issue. Of course, thanks must also go out to the SGA/AGE, who have helped us out more than I can describe in this short

editorial. I could continue forever listing people and groups who have helped us out, but, like in an Oscars speech, I just can't get everyone.

Now, many of you are wondering who the next leader of Lambda is, and so I will introduce her. Alexandra Taylor began the year as our science and technology editor, however, in January she took over as our assistant editor and has done a superb job throughout this past semester. She is very involved in the community, and she believes in this paper and its role at Laurentian. I can promise you that the paper will be in great hands.

Well, for fear of getting sentimental in my last editorial, I will end it here. I wish each of you a great exam period, eventful summer, and successful future. Cheers.

Last words from an outgoing president

Another year is coming to an end here at Laurentian, and while many of you will be returning for another year, some of you are ending your time here and moving towards the next phase of your life.

It strikes me how short four years really is. It seems like only yesterday I had a stomach full of knots as I searched for my classes with wide-eyes and the apprehension of uncertainty, and now I'll be saying goodbye to some of the best friends I've ever had. It's hard to watch my friends and colleagues struggle with where to go with their lives after final year. It seems our entire lives we've been told by others to work hard and get good grades so that we can go to college or university, and now that we are done, there aren't any more counselors or helpful guides to tell us what to do. It is our final move from youth to responsibility: taking one's future into one's own hands. I can't



LUKE NORTON
SGA PRESIDENT

imagine a more meaningful and terrifying thing, and I wish you all the best in forming your new lives.

I'm so thankful to all of you for giving me the opportunity to be your president these last two years. It has been an amazing experience getting to meet so many of you, and I only hope that I was able to represent you with the level of quality that you deserve. So much has happened over the past two years that it's a bit overwhelming to try and look back on it all now and to sum up my feelings in these few words. All I can say is that it has been the greatest honour of my life to work for you, and to try and make your life at university a little bit better. We didn't always succeed, but I hope that we've managed to do some pretty fun and decent things. From bringing in great bands to start off the year like Yellowcard and Metric, to becoming the first university in Canada to receive support from a Board of Governors for our fight for lower tuition fees, we have tried as best we could to serve

you well. It looks like you've got a pretty solid SGA/AGE Executive next year, and I hope that if you are returning, that you will take some time next year to get involved, even if it's just through attending events.

As I look forward to next year, I sincerely hope that wherever you are, and whatever you are doing, that you are happy. University is all too brief a time, but if it does its job, it will have taught you some of the skills you'll need in your future, and it gave you some great memories to look back on. It's an awkward thing, this final official stage of youth, but I hope that you have found it to be a meaningful thing.

Best of luck on your final assignments and exams, and I'm looking forward to seeing you all again soon!

Thanks for a million memories to cherish into my old age.

The Write Way at Laurentian University

Hi Everyone: This will be our last message to you until September—I hope our words of advice have been of some help. Don't hesitate to let us know if there are items

you'd like to see in the column come September!

For now, here is some information about what happens during spring and summer. The last day for the Writing

Assistance Program this term will be Thursday, April 5. We will re-open on Tuesday, May 1, and will be open from 10 until 3 on Tuesdays and Thursdays until intersession classes end in July. To make an appointment, call 675-1151, ext. 3426, or email lculli-

ford@laurentian.ca.

Finally, to all of you we've worked with this year, have a happy and productive summer—if you're graduating, we wish you a long and successful career!

SPACE FOR RANT

Student challenges peers to re-evaluate expectations

Dear Editor,

Today I was informed that due to overwhelming student complaints, one of my professors would no longer be allowed to teach the class in which I had enrolled. When I began writing this article, I was simply looking for a way to vent my frustration at the situation in which I'd been placed. However, this experience has led me to wonder what exactly the students who are entering into this university think it is that they are signing on for.

When I started at Laurentian University, I had high hopes. I was here to learn. I wanted to talk to and be taught by men and women who were considered to be experts of their chosen disciplines. I wanted to benefit from their knowledge and skill. I wanted to be able to move beyond the suffocating, overly structured high school experience. Finally, I would be able to develop my mind, free of the limitations of my school career so far. It was an exhilarating notion.

Three years later I find myself disappointed and disillusioned. I realize now that a great number of the students with whom I attend classes have no such interests in broadening their horizons. Are we all here simply for the big payoff to come after graduation?

Are we just looking for the easiest way to make it that far? Is anybody here to actually learn? Many students seem perfectly happy to sit in class while their professors read the text to them. Others become outraged at the notion of being expected to develop an original thought or (heaven forbid) experiment.

Now, I have no issue with students complaining to their department head or dean if they feel it is warranted. We are all paying to be here and we all have the right to feel that we are getting our money's worth. Nevertheless, this isn't high school. We aren't always given handouts that outline the expectations of our assignments for us point-by-point. We aren't always given the exact number of pages or references that we should be turning in. This isn't grade school either. I don't pay to have teachers hold my hand or read to me. I can read to myself at home, for free.

I think the students at this institution need to think long and hard about what it is that they expect to gain from their time here at Laurentian. More consideration has to be given to distinguishing between valid complaints and desperately illogical attempts to turn university into high school.

Anonymous
LU Student

COLUMNS

Dr. Woodsworth sits in the 'Hot Seat'

Dr. Judith Woodsworth sits down with us to talk about the 2006/2007 academic year, some of the issues that have come up since September, and about life in general as the President of Laurentian University.

Matt: What are some of the ways that you are involved with the student community?

Dr. Woodsworth: Well, I interact with the student leadership at various levels in the University, and at the Board of Governors and its committees; the senate, some of my other committees, the search committee for VP that I chaired, for instance, and now the strategic planning committee. Now the student body as a whole, it's very difficult to reach out to everybody, but it's very important to me since I stopped teaching about ten years ago now and I miss it very dearly. I love getting out to meet the students right from the beginning of the recruiting cycle. I have been a judge at Airbandz for four years now and just love doing that, and various departmental kinds of activities. So that's the about the best I can do, but probably I get to do more than a president in a big institution would do.

M: What has been your proudest moment as President of LU?

W: Wow, that's a big question...well, it's a very proud moment being at graduation...because I see people when they're at a time of achievement. You see the parents [who are] so proud, and so many of those parents are seeing these students graduate who are the first in their families to graduate, and for me that is a particularly touching thing because I was the first in my family to graduate from university.

M: Do you feel that Laurentian is well represented by its varsity athletic programs?

W: We've put together a team to think about athletics. I went to greet them at their first meeting to give them a little bit of my vision, and I said that you've got to think about recruiting students and faculty, you've got to think about our reputation and what sports does for our reputation, and the other thing you've got to think about is quality of life for students and for faculty who work here. So let's think about varsity sports, and do we have enough for a university of our size. Are we spending enough of our budget for a university of our size on sports and varsity sports? What are the things that we could add; not just the varsity sports, but let's think about sports in general. We should be offering opportunities for all of our students and faculty to engage in physical fitness activities for a better quality of life. It's a very strategic issue and I think we haven't looked at it strategically.

M: Do you believe that Laurentian has sufficient resources to maintain its current growth and still preserve its quality of education?

W: Well, that's also a good question that we're reflecting on in the strategic plan. We're proud of the growth. We're now over nine thousand students, and we know we need space. We're building a building for education and that'll free up some space in the Parker building. We've freed up some space in the Fraser because we've moved people to the Willet Green. We're going to look at whether...we should be growing our faculty, and what resources we need. But, we're also aware that we are at risk, the enrolment can drop off anytime, for two reasons. One is the demographics, and the other is competition. So we have a number of these strategic planning committees looking at our programming and whether we have enough niche programs and whether we have the facilities we need to support them. So the whole focus of the strategic planning is how to sustain our

growth.

M: How do you justify the construction of a new Tim Hortons when we are currently experiencing a 'space crisis'?

W: Ok, well let me just clarify. The Tim Hortons is really a cost recovery project. It was really at the request of students that we have a Tim Hortons that would be full service. We get back 10% of the revenues that are generated from food services, [and due to the increase in students] we will definitely have added sales, and so we borrowed against our sales to build the classroom above the Tim Hortons. So in fact we get a full service Tim Hortons and at the same time we got a classroom, if you like, for free. So we weren't using our construction money or capital budget for that, it's a separate project. So it's not necessarily clear, and some people think we wasted money building a Tim Hortons when we need space, but actually the classroom holds 165 people and is a nice modern classroom. We needed that for our increased student population and we're really getting it, over a period of three or four years, for nothing. So it was a good deal for us.

M: Do you believe that Laurentian is taking this 'space crisis' seriously and dealing with it in a responsible way?

W: We [were] not doing things in the best way possible, so a couple of years ago we had a study done by a space consultant, and this is a company that deals exclusively with educational institutions. They came here and did a very careful analysis of our space. First conclusion was that we didn't have enough space. The other thing they said is that we are not making an efficient use of our space, and one of their recommendations was that we try to consolidate departments that are similar to one another in adjacent space. We're hoping by doing these moves (see 'Laurentian faces imminent space crisis', Lambda Vol.45,

No.10) that we're going to have better efficiency and management. So that's the story. We should work through it I would say in the next year or two.

M: At what point do we put a hold on development in order to maintain a balance with the surrounding environment?

W: Well, that's a really good question. You have to balance things off. We have 750 acres, which is a huge campus. It's one of the biggest in the county, and has a relatively small number of buildings for that size of campus, and small number of students for that size of campus too. We certainly have an environmental policy, and we want to preserve the campus and keep it green and keep it natural.

M: What is your personal opinion on the proposed secondary access road through the campus?

W: I'm very concerned about having a road that would spoil the trails, although I still would like to hear from the city officials, and we will do that. We have a meeting with them to find out about their plan for these culverts...I've seen these culverts myself in another city. They're not just the kind of thing where you put a sewer or drain through; they're like a big bridge. I'd like to hear what they have to say, but I'm very concerned about interfering with the recreational advantage that we have, the trails for skiing and for running. I'm concerned about the environment, the impact that the road may have on our wetlands. I'm concerned about interfering with land that is used for teaching and research, and I'd like to do everything I can to protect the university's property.

M: How do you feel about the tuition fee increase?

W: We now get roughly about 30% of our revenue from student tuition; we still get about close to 70% from the government in grants. So really they are

giving us more of a share than the students are, and they kind of are in a position that they can tell us what to do. Unfortunately, the Ontario government is still funding students at the lowest rate in the country per student. So we go out of our way to reduce costs, but there comes a point where you can't reduce your costs so much that you affect the quality of education. So it's expected that the students contribute part of the budget through their tuition fees. It's very hard to buck the system. If I were to say that at LU we will not increase tuition, the other universities and the government might say 'Oh, I guess you don't need the money. You don't want to have a tuition increase but we're taking a tuition increase, [therefore] Laurentian doesn't need it, they must be getting too much government funding'. We've been told that, that has been suggested to us. So you're kind of pressured to do like everybody else. I am very sympathetic to students with their financial hardships.

M: Looking back over the past academic year, what is one the highlights for you?

W: Well, one of the highlights that's maybe not a great concern to students was getting the centre for excellence in mining innovation established. It's really big for the university in that it will brand Sudbury and Laurentian as the place to go to for the really cutting edge research in the whole field of mining. And by that I mean from exploration to mining engineering, all the way to good environmental practices, because we're leaders in that. So, when mining companies want to set up a new mine, we can tell them what they have to do to close it down without leaving too big of a footprint on the environment, and how to clean up industrial damage that's been done. So we really think that this gives us an opportunity to be recognized around the world.

Summer jobs FYI Sustainable

BY PATRICK THIBEAULT
PLACEMENT CENTRE

You're thinking of flip-flops and sunshine but there's something daunting in the way of absolute summer lovin'...getting a job. Yes, we know, it sucks. But the Placement Centre is here to help.

If you'd like to work on Laurentian's green summer campus - a stark contrast to the snow covered institution most of us are used to - the campus jobs will be rolling out in early April. As we do every year, we will post these jobs on the boards in front of our office (2nd Floor of the R.D. Parker Building past the Bookstore) as well as post the jobs on our website (laurentian.ca/placement).

We also have a ton of postings for off-campus jobs. Though you should definitely search on websites such as Workopolis.com, Monster.ca, Jobs.gc.ca, and your local classifieds (use summer job as your

keyword), we have established a rapport with great companies who send us job postings directly.

Another tip from one student to another is to just bring your resume everywhere. If you stay at home lamenting your ill luck, nothing's going to happen...unless you get severely discouraged and start eating ice cream and cookies and then the rent collector knocks on your door and you realize that all your money was spent on Ben & Jerry's Chunky Monkey ice cream and Oreo cookies and so you decide to make an escape but you break your ankle as your jumping out the window and...well...you get the point.

I know it would be ideal to have a summer job related to your field of study but, more often than not, reality just doesn't want to jive with our wants. So here's your game plan: bring your resume everywhere; ask for the manager or the person who hires every time (a good

impression is worth as much as the shiniest of resumes); rinse and repeat.

One last thing to keep in mind is the power of networking. Do your parents know anyone who'd hire you? Do your friends know people who know people? Connect the dots and you'd be surprised who you know through networking. Maybe you could wind up working on a beach in Mexico for 50\$ an hour drinking pina coladas because your mother's friend knew someone who knew someone who owned a resort in Mexico. Who knows?! The sky's the limit!

Anyways. The point is that most of us need a summer job and the Placement Centre is here to help. Even if it's just to reiterate what was said in this article, just drop by...Belinda always has some candy so...

Have a great summer and happy job hunting!

Sustainable Earth Tip

TIP: Use a trailer rather than a roof rack

remove it when you don't need it.

REASON: A roof rack on a car contributes to pollution and climate change. When loaded, it increases wind resistance by up to 15%, which is reflected in fuel consumption. Even when empty, it increases consumption by 10% at the same speed.

HOW TO: If you're moving a lot of gear at the end of this school year, or any time of year, use a trailer. You'll be saving money and the environment. Alternatively, you can ship your goods via train which will produce less pollution. If you must use a roof rack,

If you like this tip, check out "365 Ways to Save the Earth" by Philippe Bourseiller. sustainable@laurentian.ca



USUDBURY
2007-2008



FALL AND WINTER 2007-2008
ON CAMPUS

NEW! NEW! NEW!

Course	Title	Professors	Days	Timeslot	Room
FOLK 2616 EL 01 (2)	Discovering French-Canadian Folklore	M. Bénéteau	T/T	14:30- 16:00	112

Course	Title	Professors	Days	Timeslot	Roo
NATI 1016 EL 01 (1)	Introductory Nishnaabemwin A	M.A.	M/W/	10:30 - 11:30	112
NATI 1017 EL 01 (2)	Introductory Nishnaabemwin B	M.A.	M/W/	11:30 - 12:30	112
NATI 1105 EL 01	The Original People of North America	M.A.	M/W	15:00 - 16:30	110
NATI 1105 EL 02	The Original People of North America	T. B. A.	Thurs	19:00 - 22:00	110
NATI 2005 EL 01	Aboriginal Languages ...	R. Spielmann	T/T	16:00 - 17:30	114
NATI 2105 EL 01	... Identity of the Native Person	D.	T/T	13:00 - 14:30	110
NATI 2285 EL 01	... Native People: Tradition & Culture	D.	Wed	19:00 - 22:00	114
NATI 2616 EL 01 (1)	Can. Native Lit: Exploring Genre	R. Spielmann	Tues	19:00 - 22:00	111
NATI 2617 EL 01 (2)	Can. Native Lit: Novels and Plays	R. Spielmann	Tues	19:00 - 22:00	111
NATI 3005 EL 01	Education and Native People	E. Faries	Mon	19:00 - 22:00	110
NATI 3105 EL 01	Canadian Law... and Aboriginal People	K.	T/T	11:30 - 13:00	170
NATI 3117 EL 01 (1)	Social Policy ... with Native People	K.	T/T	10:30 - 11:30	212
NATI 3116 EL 01 (2)	Aboriginal ... and the Criminal Justice	K.	T/T	10:30 - 11:30	212
NATI 3215 EL 01	Native Community based Research	E. Faries	Mon	13:30 - 15:30	212
NATI 3315 EL 01	Contemporary Native Issues	D.	T/T	14:30 - 16:00	113
NATI 4586 EL 01 (1)	Interpreting Aboriginal Histories	FACULTY	M/W	16:30 - 18:00	112
NATI 4587 EL 01 (2)	From the 4 th World: International	FACULTY	M/W	16:30 - 18:00	112
NATI 4655 EL 01	Honours essay	FACULTY			
NATI 4955 EL 01	Independent Reading and Research	FACULTY			
PHIL 1115EL 04	Introduction to Philosophy	P. Biondi	T/T	14:30 - 16:00	110
PHIL 1115EL 02	Introduction to Philosophy	R. Fillion	M/W	16:30 - 18:00	110
PHIL 1115EL 03	Introduction to Philosophy	R. Haliburton	T/T	10:00 - 11:30	110
PHIL 2126EL 01 (1)	Philosophy of Sexuality	R. Fillion	Tues	19:00 - 22:00	110
PHIL 2245EL 01	Philosophy of Art and Literature	R. Srigley	M/W	11:30 - 13:00	113
PHIL 2325 EL 01	Reason and Experience in Early Modern...	C. Collier	M/W	13:30 - 15:00	113
PHIL 2345 EL 01	Bioethics: Human Life Issues	C. Collier	T/T	14:30 - 16:00	114
PHIL 2505 EL 01	Critical Thinking and Argumentation	P. Biondi	T/T	11:30 - 13:00	110
PHIL 3326 EL 01 (2)	Topics in Early Modern Philosophy	C. Collier	T/T	10:00 - 11:30	112
PHIL 3476 EL 01 (2)	Existentialism	R. Srigley	T/T	11:30 - 13:00	212
PHIL 3486 EL 01 (1)	Marxism	L. Pelletier	Mon	19:00 - 22:00	113
PHIL 3545 EL 01	Moral Philosophy	R. Haliburton	T/T	13:00 - 14:30	114
RLST 1005 EL 01	Religion and Roots	A. Gagné	T/T	10:00 - 11:30	113
RLST 2106 EL 01 (2)	Introduction to the Hebrew Bible	A. Gagné	Mon	19:30 - 22:00	114
RLST 2186 EL 01 (1)	The Person of Jesus in Historical Context	A. Gagné	Mon	19:30 - 22:00	114
RLST 2205 EL 01	The World's Living Religions	J. Sahadat	T/T	11:30 - 13:00	113
RLST 2276 EL 01 (2)	Buddhism: The Hinayana Tradition	T.B.A	Tues	19:00 - 22:00	114
RLST 2285 EL 01	... Native People: Tradition & Culture	E. Faries	Thurs	19:00 - 22:00	114
RLST 2345 EL 01	Bioethics: Human Life Issues	C. Collier	T/T	14:30 - 16:00	114
RLST 3156 EL 01 (1)	Exploring the Dead Sea Scrolls	A. Gagné	T/T	14:30 - 16:00	111
RLST 3157 EL 01 (2)	Secret Gospels: Hidden Life and Teachings	A. Gagné	T/T	14:30 - 16:00	111
RLST 3276 EL 01 (1)	Hinduism: Modern Interpreters and	T.B.A	Tues	19:00 - 22:00	114
RLST 4116 EL 01 (1)	Biblical Studies I: Interpretive Methods	A. Gagné	Wed	19:00 - 22:00	111
RLST 4117 EL 01 (2)	Biblical Studies II: Reading the Text	A. Gagné	Wed	19:00 - 22:00	111
RLST 4225 EL 01	Special Readings in the Religions of the	T.B.A.	Mon	19:00 - 22:00	112

SPORTS

Laurentian celebrates student athletics

CONTRIBUTED
VARSITY ATHLETICS
OFFICE

As another year of varsity athletics has come to a close and final exams approach, Laurentian Athletics paused to celebrate the accomplishments of its Voyageur and Lady Vees student-athletes at the annual year-end banquet on Friday, March 23. Each team announced their most valuable players, most improved players and rookie of the year, while honouring their graduating athletes. In the night's major awards it was Leila Angrand and Ryan Smith who took home Athlete of the Year honours, while Caitlin Tino and Patrick Murphy were named Voyageur Award winners.

President's Athletes of the Year presented by Just Soccer
Female: Leila Angrand, Cross Country Running/Indoor Track

During the cross country running season, the Sudbury, Ontario native was the Lady Vees top finisher in every race, which included a fifth place finish at the OUA championships and a ninth place finish at the CIS championships. Her ninth place finish at the CIS championship also earned her a selection as a first alternate for the Canadian senior national cross country running team.

While competing in her first indoor track season the fourth year Sport Psychology major took the competition by storm winning five gold medals and one silver medal during regular season meets. It was at the OUA championships where she truly began to shine, taking an OUA gold medal in the 3000-metre and an OUA bronze medal in the 1500-metre and then capped off a very impressive year with a CIS silver medal in the 3000-metre at the CIS championships.

Male: Ryan Smith, Swimming

Ryan Smith finished off his career at in the Laurentian blue and gold with another impressive season in the pool. The native of Almic Harbour, Ontario, started the season with a splash earning twelve podium finishes prior to the divisional championships. While at the divisional championships he took home three silver medals and a bronze medal with two of the podium finishes earning him a trip to nationals with CIS championship qualifying times. At the OUA championships, the fifth year Health Promotion student battled a strong field and bronchitis to finish fifth in the 200 individual medley, seventh in the 200 butterfly and 10th in the 200 backstroke. Two weeks later Smith was the only Voyageur to reach the finals session on each day finishing 10th in the 400 individual medley, 12th in the 200 butterfly and backstroke and 13th in the

200 individual medley. This is the second consecutive year Smith earned the athlete of the year honours.

Voyageur Award
Female: Caitlin Tino, Cross Country Running

Caitlin Tino is a fourth year member of the Lady Vees cross country running team who has cemented herself as one of the top five runners on the squad, while becoming a team leader. Tino has been an integral part of the first two successful years of the Laurentian Athletics Student-Athlete Advisory Council. The native of Toronto, Ontario has been the council President for the past two years and has spearheaded a number of initiatives that included a very successful grade school program that saw Voyageurs and Lady Vees go into grade school classrooms to talk about the importance of physical activity, staying drug free and staying in school as well as run-

ning physical education classes for the students.

She has spent time working with underprivileged children and has been heavily involved in the intramural sport program at Laurentian having been an administrative assistant and educational mentor this past year.

In the classroom, Tino is in her final semester of the Sport and Physical Education program at Laurentian and is poised to graduate in June and hopes to move onto teachers college in the fall.

Male: Patrick Murphy, Soccer

Patrick Murphy is a fifth year member of the men's soccer team and is a consummate leader on and off the field. He has been rock solid on the field for the Voyageurs, having grown and matured into an integral part of the Voyageurs success. Off the field he has spent a lot of time volunteering and contributing to the campus life and the pride and tradition of Laurentian Athletics. In recent years he has been a volunteer emcee for various events including super bowl parties and what has become the largest fundraiser on-campus Airbandz.

For the past two seasons the Guelph, Ontario native has donned the Laurentian Voyageur mascot uniform leading fans in cheers, getting fans going by throwing out promotional material and entertaining crowds and children with nutty behaviour at varsity events. In the off-season he has spent summers passing on his knowledge of sport and skills by working with children at youth sports camps. In the classroom, Murphy is in his final semester of the Zoology program at Laurentian and is poised to graduate in June.

LOCS needs you

BY SARAH PATTERSON
LOCS PRESIDENT

That's right, the Laurentian Off-Campus students need you. We need people who want to get involved in their school, plan activities and be a part of a team. Next year there will be very few members on the LOCS council so we need as much help as we can get. Positions include: vice president, secretary, treasurer, social convener and sports convener. If you are interested or would like to know more about these positions please e-mail me at LOCS@laurentian.ca. Living off campus can be great, you can help make it that way!



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LOCAL FLAVOUR

Life blown open: A review

BY MATTHEW MOSKAL
A&E EDITOR

The story of Life Blown Open is much like a strange romance. Boy meets boy, boy jams with boy at impromptu jam session after concert, boy seeks boy, and boy confesses longing for starting band with other boy in Taco Bell. If this doesn't get your heart racing and your head filled with joyful idealistic thoughts, who knows what will.

But in all honesty, Life Blown Open's group dynamic plays out better than any chemistry between Hugh Grant and whatever flavour of the week actress he's pursuing ever could. If you've had the opportunity to see them play bimonthly at the Townehouse you'd know that their shows are filled with tons of musical surprises and catchy melodies. If you haven't heard them, your big chance is coming up April 7th for the release of their first album "Goodbye Heart".

Much like a Power Rangers style robot, Life Blown Open consists of four major compo-

nents. Tanner Reinhardt serves as the head (and probably the arms), providing lead guitar and vocals. Tanner's voice has been said to have similarities to that of Brandon Boyd of Incubus (mostly in terms of range), but his skills also lie in writing deliciously catchy guitar riffs and shredding through solos with great ease. Working to keep the band in motion (in terms of rhythm) are Justin Ross (drums) and Paul Loewenberg (bass). Justin is frantic energy behind the drum kit, pounding away harder than a deaf mute at a barn door. As one of the founding members, Justin and Tanner keep close ties in terms of song writing and lengthy jam sessions. Meanwhile, Paul and keyboardist Clayton Drake both joined the band two years after its incarnation and have since been part of the regular line up. Clayton serves as something of a chest area to the unit that is Life Blown Open, creating a pleasing touch of synthesized and atmospheric effects to each song. Together they create their own style of ADD fuelled alternative rock incorporating elements of jazz, funk, punk and even a touch

of jock rock.

"We've been told that we sound like a lot of things," says Ross, "but I guess we just make music that happens."

This is a statement that's sort of valid to some respects but completely invalid in other respects. Life Blown Open's spectrum of sound is constructed as naturally as possible. The band doesn't try to force a song to conform to a certain brand of music; they're playing what sounds good to them. This of course is very similar to their previous concert mates The Marble Index's style of writing, which emphasizes writing songs without anybody else's music in mind.

"I like jamming and just seeing what riffs come out of it," says Tanner, "the first part of 'Move With Me' came from one of my favourite jam sessions. Once we started playing it, we just had to keep rolling with it until it became a song."

The album itself boasts some of Life Blown Open's favourite material, whether it be the breeze-like introduction to "It Takes a While" or the all out jam

at the end of "Light in the Doorway". The presence of Andrée Labbé on alto sax gives an extra jazzy kick to several of the harder rocking tracks, and Agnes Malkinson helps provide dramatic effect with her efforts on cello. "We Play (For You)" comes across like it could be a fun bonus track on Guitar Hero III with its happy retelling of some of the band's history and hopeful tone towards their future accompanied by some of Goodbye Heart's most melodic guitar parts. Each track has a way

of telling a story both lyrically and instrumentally. This is what makes Life Blown Open so compelling. You could listen to each song over and over again and pick up something different every time (not unlike how some people treat certain Jake Gyllenhaal movies).

Life Blown Open will be unveiling Goodbye Heart to the public on April 7th. You can pick up a copy and hear new material that the band's been hard at work on that night at the Townehouse.

Wasted Words: A review

BY MATTHEW MOSKAL
A&E EDITOR

Imagine yourself under a dark grey sky, looking upon fields of dead plants. The dry, brittle leftovers of a once flourishing living thing sitting completely idle in the melon collie atmosphere of a day completely wasted. The soil is upturned, and completely infertile. There's nothing left in this land, it's utterly hopeless. Now imagine this description continuing on for several pages.

If your spine remains completely un-chilled after reading said thoughts, there's a chance you might find solace in knowing there's a band right here in Sudbury for you. They go by the name Wasted Words, and they've just released an EP.

Wasted Words is a local energetic three piece punk and metal inspired band. The group consists of bassist, keyboardist,

and lead vocalist Jean-Louis Frado, guitarist Chris Simonato, and drummer Logan Bale. Their sound ranges from borderline metal guitar riffs mixed with elements of speedy punk and heart wrenching emo.

Their latest EP "We Are Only Names" has just been released after a thorough mixing from Easter Island Studios and offers listeners 7 songs worth of youthful aggression.

The beginning of the EP boasts probably the most clever moment of the next 23 minutes. Initiating the line-up is a track titled "Calm", followed by "The Storm", which is good for a chuckle, and quite possibly causation for a heightened feeling of suspense.

"We Are Only Names" blazes on with heavy bass lines and simple but ear catching guitar riffs into climactic tracks "My Lead Friends" and "New Order

of Chaos", which boasts a lovely Anti-Flag like shout of "Wake up!" while Frado's voice carries on like a hoarser version of Dustin Kensrue of Thrice. For fans of the emo ballad, Wasted Words send off fans and fist-timers alike with "Closed Eyes (Dead Inside)", which features the most predominant piano and keyboard of all 7 tracks. The end of the EP is a descent into a sur-rendering silence with quiet musical accompaniment wishing a good night to all.

This release is probably best suited for fans of most bands featured on Van's Warped Tour. It's easily accessible next to acts like Thrice, Moneen, and The Fully Down. There's a lot of potential between the chords in this release. If you're interested in attaining a copy, check out the band online at: <http://www.myspace.com/wastedwordsmusic>.

Sudbury restaurant will have you saying 'Opa!'

BY MARIE-CLAUDE
BÉDARD
CONTRIBUTOR

Craving a bit of the Mediterranean's flavour? Herc's Greek Eatery offers it's patrons both an atmospheric and taste experience. As you walk through the front doors of Herc's Greek Eatery, you are welcomed with music by some of the Mediterranean's most famous singers. The sitting room's dark colour, Grecian art work and the aroma coming from the kitchen will take you momentarily away to the island of Greece.

All the traditional Greek favourites are on the menu including such popular choices as souvlaki and moussaka. The meals are made in the authentic

fashion, using fresh vegetables in their salad and accentuating meals with scrumptious lemon roasted potatoes and delicious garlic bread. The meat is char broiled and seals in tenderness and aromas, making your meal an exceptionally flavourful one.

The menu at Herc's is both delicious and affordable. A souvlaki dinner (whether pork, lamb or chicken), comes with two skewers of freshly grilled marinated meat, a mound of rice, lemon roasted potatoes, Greek salad, garlic bread and delicious tzatziki. The servings are very generous and you can be sure that your hunger and taste buds will be satisfied. If you are still hungry, why not try one of their traditional Greek deserts such as

Baklava, layers of flaky pastry, almonds and walnuts. It's sure to satisfy a sweet tooth.

To immerse yourself in the Greek experience, why not have a glass of imported Greek beer or wine? Take it a step further by having a taste of Ouzo or their Metaxa Brandy. It's sure to warm up both you and your conversation.

Here's is a great place for a meal with friends or for a quick meal on the go. (You can pick up your meal in their convenient drive-thru or you can order in advance and pick it up on your way home). This place is highly recommended for those wanting to try something new and for those who are aficionados of Greek food and tradition.

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CAMPUS NEWS

Accomplished swim coach passes away at 71

BY LAUREN LAROCQUE
SPORTS EDITOR

On Sunday, March 4, 2007, the Laurentian University community lost a friend, a teacher, a coach and a mentor. Dr. Jenő Tihanyi, longtime coach of the varsity swim team, passed away at the age of 71 from cancer. Dr. Tihanyi, or Doc as he was referred to by all who knew him, played an integral role in swimming, not only at Laurentian, but across Canada.

Dr. Tihanyi was born in Hungary in 1936. He earned his doctorate from the University of Alberta and he became interested in swimming through his studies in child development and physiology. He became one of the first coaches to mix science and sport, focusing on long-term athlete development. He once said "I had an intense desire to help children fulfill their goals, and challenge myself. I never thought about medals or records. I thought about the never-ending chal-

lenge".

He began coaching in 1964 with the Vancouver Amateur Swim Club. In 1974, Dr. Tihanyi founded the Laurentian University varsity swim team, which at the time consisted of only five swimmers. Over his years with the program the team has grown to almost fifty swimmers and has seen Doc's swimmers accomplish ten CIS records, nineteen OUA records and two hundred and fifteen university medals. By 1979, he had become part of the coaching staff for Team Canada, offering his expertise at many international competitions, including the Pan Pacific Championships and the Commonwealth Games.

Most people in the world of swimming, and even some outside of it, will link the names Alex Baumann and Dr. Jenő Tihanyi. Their combined accomplishments have resulted in world-wide acclaim. While many immediately think of Baumann's



Contributed

Dr. Jenő Tihanyi passed away from Cancer on March 4, 2007. He was 71 years of age.

double-gold performances at the 1984 Olympic Games, the relationship between coach and swimmer began much earlier. Baumann began to work with Dr. Tihanyi in the early 1970s, when he was only nine years old. Their partnership was legendary, and Baumann is still regarded as one

of the greatest Canadian swimmers of all time. His performances at the Los Angeles Olympic Games not only resulted in two gold medals but in two world records in the 400m and 200m individual medleys.

From the period of 1981 to 1986, Baumann continued to earn

many more world records. Baumann continued to share a close bond with Dr. Tihanyi, and the two even authored a book together, titled 'Swimming with Alex Baumann: A Program for Competitive and Recreational Swimmers'.

Doc's coaching achievements include sixteen world records. He has been named Canadian Swim Coach of the Year four times and he holds twelve provincial and national awards of excellence. During his time at Laurentian University, Dr. Tihanyi was the OUA Coach of the Year in 1990 and OWIAA Coach of the Year in 1994. In 2004, Dr. Tihanyi was inducted into the Canadian Olympic Hall of Fame, making him the fourth coach ever to receive such an honour. In typical Doc style, he was very humble about his award, saying "It's a top of the line honour, as high in the country as you can go. I'm incredibly honoured".

Dr. Tihanyi's legacy at Laurentian is not limited to the pool. He was a professor in the School of Human Movement in Child Physiology and Development, and held the position of director of the division of Physical Education (now the School of Human Movement) from 1993-1996.

While his accomplishments may have been what made him unforgettable to the swimming world and the Laurentian community, those who were lucky enough to have known Doc personally will remember him for more than his accomplishments. Dr. Tihanyi's many friends and colleagues have reflected on the influence he has had over their lives, sharing only some of the many stories at a memorial service held on campus.

On Friday, March 9, a memorial service was held for Doc in the Fraser Auditorium. Swimmers, both past and present, were in attendance and were easy to pick out of the crowd due to the periwinkle cancer ribbons which they wore in memory of Doc.

John Vadeika, Executive Director of Swim Ontario, reminded the crowd in the Fraser Auditorium of Dr. Tihanyi's accomplishments. Stu Duncan and Bob Rogers, colleagues and close friends of Dr. Tihanyi's, presented a more personal glimpse into the life of Doc, from his constant fights with building administration to lower the temperature of the pool to his tireless fundraising efforts. Alex Baumann was also present, and closed the ceremony with a speech about the influence Dr. Tihanyi had on his life, both in and out of the pool.

After listening to the many speeches during the memorial service, it became clear that while everyone spoke of a different side of Dr. Tihanyi, there were some common themes. He was infamous for his attention to detail and intensity in whatever he was working on. Dr. Ken Shields, former Athletic Director at Laurentian, and a close personal friend of Dr. Tihanyi, recalled a trick he would play on Doc all the time. The two were close friends, and occasionally after a dinner at Doc's house, Dr. Shields would pretend to pick up a stray piece of fluff of the floor. This would infuriate Dr. Tihanyi every time.

Continued on page 14

University of Ottawa

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CAMPUS NEWS

LAFS review of the 2006/2007 academic year

CONTRIBUTED

The Laurentian Association of Forensic Scientists (LAFS) hosted several great events, all of which members and non-members were able to attend.

LAFS kicked off the year with Club Days in the Bowling Alley in September where we registered many new and previous members, each of whom received their official 2006-7 toe tag (a.k.a. the LAFS membership card). (A second round of Club Days was held in January). The \$5 membership fee paid at this time automatically qualified each member for free admission to both films that were presented. Saw II (at the end of October, just in time for Halloween) and The Prestige (in early February). The former was our first event of the year, our "Meet & Greet." Free candy snacks were provided to all in attendance at both films.

Our council has been hard at work volunteering at coat check and pizza sales nights at the Pub Downunder to raise funds for LAFS events. The council also organized and executed the clothing sales geared towards LAFS members (long-sleeved t-shirts) and Department of Forensic Science associates ("Property of..." long-sleeved t-shirts, "Forensics" hoodies available in many colours, and athletic sweatpants).

The SGA-sponsored First

Annual LAFS Curling Bonspiel had a fantastic turn out on January 26th at Copper Cliff Curling Club. The \$20 (per-person) registration fee included round-trip transportation from LU to the rink. Registration was open to both LAFS members and non-members. Many participants won great prizes (both purchased from and donated by the Sudbury business community) and a great time was had by all!

The final event of 2006-7 was the Department of Forensic Science Formal Dinner & Dance which was held March 23rd at the Radisson Hotel. LAFS co-sponsored the event with the Department, and members of LAFS Council volunteered to organize and set up the decorations. Again, tickets were not restricted to persons in the program only.

This formal was even better than last year: good food, good friends, good times. Everyone looked sophisticated and elegant; a dramatic change from our usual chemical-stained, otherwise white lab coats!

You can check out photographs from the bonspiel and formal on [www.facebook.com](http://www.facebook.com/forensicclub), under "Laurentian Forensic Scientists".

Elections have come and gone, and the 2006-7 Council welcomes and wishes much luck to the 2007-8 LAFS Council.

LAFS loves to hear your



The 2006-7 LAFS Executive Council and Class Representatives. back (l-r): Kerry Vanderploeg, Becca Crits, Jolina Botman, Melanie Bosnjak, Amanda Lin, and Sonia Sant; front (l-r): Lindsey Forest, Trevor Vanden Boer, Kalan Lynn. Absent: Lauren Weaver.

ideas and we would be happy to respond to any questions or comments you may have for us. Please feel free to email us at forensicclub@laurentian.ca. Alternatively, you can keep up-to-date with the happenings of the Club by checking out our website (created and maintained by Ms. Leeanne Croteau) at forensicscience.laurentian.ca/ForensicClub.htm.

We would like to thank members and non-members alike who took part in our events this year, including those "behind-the-scenes" people without whom we could not have accomplished all the success that we did. We hope that you will join us again next year. Finally, good luck and hard work on your exams!

SGA Elections end with two breakaway wins



Josh Buck and Josh 'Jova' Hatt shake hands after finding out the SGA election results. Hatt defeated Buck and was elected as Vice President of Student Services. Hatt will join running-mate Sebastien Perth, who was elected as President of the SGA.

ALEXANDRA TAYLOR
ASSISTANT EDITOR

Tensions were high and excitement filled the student centre and the pub as the ballots were counted in the recent SGA election. Four passionate competitors waited patiently while the vote-counters congregated in the SGA office checking and double checking the official results.

Josh Hatt waited patiently outside the SGA office, keeping an eye on the numbers being added to the tally sheet in the hallway. Down in the pub, his competitor Josh Buck spent time with supporters and Presidential candidate Sebastien Perth. As the numbers rolled in, the crowd began to get anxious, speculating about how close the final numbers would be. With Student Street and the Great Hall counted last, all the candidates remained hopeful that they had won their

positions. As the numbers for Student Street went up, the crowd began to discuss the possibility of a sweep, and the candidates began to count the numbers necessary to ensure their wins.

In the end, the two elections were fantastic successes for the winners. Josh Hatt defeated Josh Buck with 76% of the vote, winning the position of Vice President of Student Services. In a similar defeat, Sebastien Perth triumphed over competitor Ed Baker, securing a 320 vote lead. Both winners joined Kayla Turpin, acclaimed winner of the Vice President of Student Issues position. The three candidates campaigned together throughout Elections Week and were proud and excited that they had won.

When asked about the year ahead, Kayla Turpin remarked "I'm confident that the 07/08 will be one of the best years the SGA has ever seen!"

	Phys Ed	Thorneloe	U of Sudbury	Huntington	Science II Caf	Student Street	Great Hall	Total Votes
SGA President								
Edward Baker	12	2	3	18	16	61	213	325/33.4%
Sebastien Perth	7	23	15	30	27	290	255	647/66.6%
VP of Student Services								
Josh Buck	3	5	2	26	14	19	156	225/23.3%
Josh "Jova" Hatt	17	20	16	22	30	334	300	739/76.7%

CAMPUS NEWS

Intramural Corner

BY INTRAMURAL COORDINATORS

The Intramural Volleyball season came to a great finish Thursday March 8, 2007. The season finished with LU spirit theme nights on March 1 and 6 and the playoffs were held on March 8. Winners were determined in all three divisions in an exciting fashion!

For our LU spirit theme nights, we had a tie for two non-competitive teams the SPAD Suspects and Beavertown. They demonstrated the main and most important component of our intramural program: having fun. They took home free desserts, courtesy of M&M Meat Shops.

In the non-competitive championship, the B2nd Streakers took home the championship title with a thrilling victory over B1st placing second. Thornloe placed third and Huntington 2 came in fourth. In the semi-competitive league, Gill's team won the championship in a tight game over the Titans. UC came in third with a 2-0 win over B3rd. In the

Competitive division, four teams held a 4-0 record making the playoffs a very exciting night. Overall, Team Intensity defeated the NeoKnights in a convincing fashion for the title, and in the consolation game the Dirty Birds squeaked out a tight win over Bump and Grind.

We'd like to thank every one from the Department of Active living, our sponsors, referees, time keepers and especially the participants for a successful season and hope to see every participating next year!

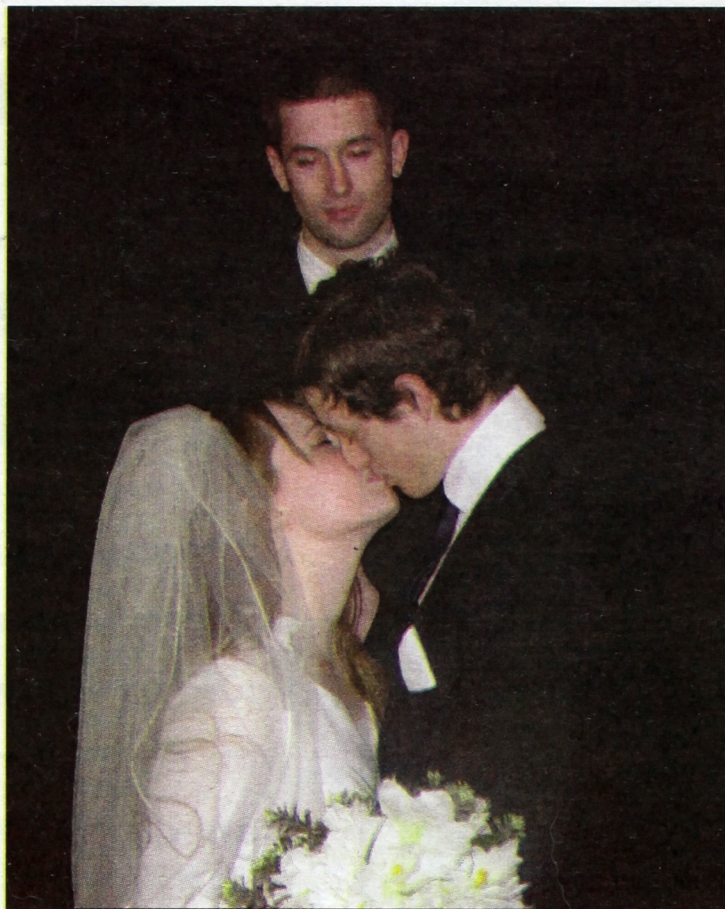
It was an awesome day in the Laurentian Gold Pool on Friday, March 2, 2007 when Laurentian students took part in the Intramural Water Basketball tournament. Thanks goes out to the rocking participants, lifesaving lifeguards, score keeping officials, and especially the only arch in town, Deluxe Hamburger on Regent, for supporting the award ceremony with food that left everyone with a satisfied appetite and a smile on their faces.

This is 'Our Town'

BY MATTHEW MOSKAL A&E EDITOR

Reading about a production before its premiere can be one of the most misleading experiences in modern journalism. In Hollywood, an interview with some of Tinsel Town's elite will lead you to believe that their current project is beyond worth the price of admission. This is, of course, because of the immense budgets that go into even the biggest of flops (Ex. Water World) and the saddest displays of irrefutable tragedy (Ex. Gigli) that don't need to be seen as going to waste. It's understandable, time is money, money is one of our most loved commodities, and bad movies end up being insulted on a regular basis on VH1.

However, keeping this information in mind (and knowing that the Gigli reference is out of the way) one can imagine the difficulty some parties face in approaching the cast of a small production without some degree of cynicism. We all like to emulate the stars, mostly because they must have done something right to be making as much money as they are today (right?). Yet when meeting the cast of Thornloe's production of Thornton Wilder's *Our Town*, it appears as though they seem convinced the show will speak for itself.



Matthew Moskal / LAMBDA

Craig Bauslaugh watches on as Nathan Lambovitch (right) and Erica Robinson (left) kiss during a dress rehearsal of 'Our Town'

Our Town is the story of a small community called Grover's Corners, which is brought to life by the Stage Manager, a character who is

universally noticeable through the whole production. His duty is that of the storyteller in the affairs of the people of Grover's Corners. The tale itself emphasizes the joys and tragedies we face in terms of daily rituals, marriage and even the afterlife. Of course there is an overhanging moral fluttering through the theatre. Sometimes, it just takes an onstage spectacle to remind us where we've possibly gone wrong.

In terms of performance the cast seem very comfortable working together. This is on account of the fact that they're part of a well oiled Acting I class that has been tweaking *Our Town* into their year end project for some time now.

"It's not uncomfortable at all," claimed Nathan Lambovitch (who plays the part of George) "I find it a lot easier working with this group because of the connection we've developed over the semester."

Lambovitch and director Judi Straughan both stressed how much easier this production has been because of the group's recent history with one another. Hopefully the well developed chemistry of the players will bring a much more natural onstage dynamic.

"We can all just talk freely to one another," stressed Lambovitch, "it's helpful to be able to communicate with your fellow actors right away, especially in terms of criticism. Nobody's really clashing at all either."

Perhaps the actors themselves have taken a hint from the script, and perhaps you will as well. *Our Town* opens Saturday March 31st at 7:30 pm, and continues its run on Sunday April 1st at 2:00 pm.

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MISCELLANEOUS

The stressed-out student's guide to exam preparation

BY JAN CARRIE STEVEN
STUDENT SERVICES
COUNSELOR

Ideally you will have been doing all the things good students do – going to every class, taking and reviewing notes, reading texts and meshing these with your class notes, talking with your prof and TA should you hit any snags, etc. But if you're reading this article, chances are you haven't been.

As always – you need to focus on what you CAN do right now to salvage your year. (Then you need to book some time with a tutor or counselor to review your strategies for next year.) Here are some survival strategies for the next few weeks:

Prioritize your study time by knowing which exam is worth

what. A course you need to have in order to stay in your program takes priority over an elective; an exam worth 50% takes precedence over one worth 10%. Always attend "review" classes. If ever a prof is going to give you some broad hints about what's on the exam, this is the time. If he or she is not forthcoming, ask leading questions like "How much of the material will be coming from lectures vs. readings?"

Sit down with a buddy or advisor and work out a study schedule. An accountability partner comes in very handy here. And yes, it can be your mom. What matters is that this person will touch base with you daily and be very blunt with you about the consequences of not hitting the books.

When rereading your text-

book and lecture notes, take mini-notes and recount things out loud. This way you are engaging a variety of senses and you will remember more.

Some anxiety is helpful – it enhances performance. Since we don't know what we are experiencing emotionally until we label it, why not label "the jitters" as "excitement." You are feeling antsy because you are about to be free from the chains of this course.

Burn off adrenalin regularly. You need to take study breaks. Take your 10 to 20 minutes every hour or two and power walk. You'll sleep better and you need to sleep. Sleep gives the brain an opportunity to reorganize data to help find a solution to problems, process newly learned information, and organize and archive

memories. And remember, our brain is an organ. Keep it well fueled with nutritious food.

Force yourself to think positively about this and any exam. Say to yourself, "I can do OK on this exam. I've done what I need to do – it's just a matter of getting what's in my head, onto the paper. If you find yourself saying things to yourself you would never say to a friend, like "You're such an idiot!" – stop yourself. Make a subtle stop-sign with your hand and get back on task.

Avoid talking about exam material just before going into the exam. The students who are confident they will ace the exam may set off some self-doubt; the students who haven't cracked open a book this term may reactivate your anxiety.

Quickly review the test

before you begin and decide how much time you will spend on each part of the test. Pay attention to the weight of each section on your grade and make sure you allow enough time for sections that may take more time or are weighted more heavily in the final grade. Stay until the end of the exam – there is no prize for leaving early.

Breathe slowly and deeply, slowly and deeply, slowly and deeply. (You get the point.) Drink, drink, drink! Water, that is.

I'm not going to be glib about failure. A 49% grade is not funny. At the same time, I admire the humour of Thomas Edison who said, "I have not failed. I've just found 10,000 ways that won't work!"

The LKC would like to thank...



CONTRIBUTED

As another year neared its end, the Laurentian Karate club would like to thank the following groups and individuals:

- Sensei
- The Director of Services
- Active Living
- The SGA
- Printing and Duplicating services
- The LU Judo, Kendo and Aikido clubs
- The LUAA

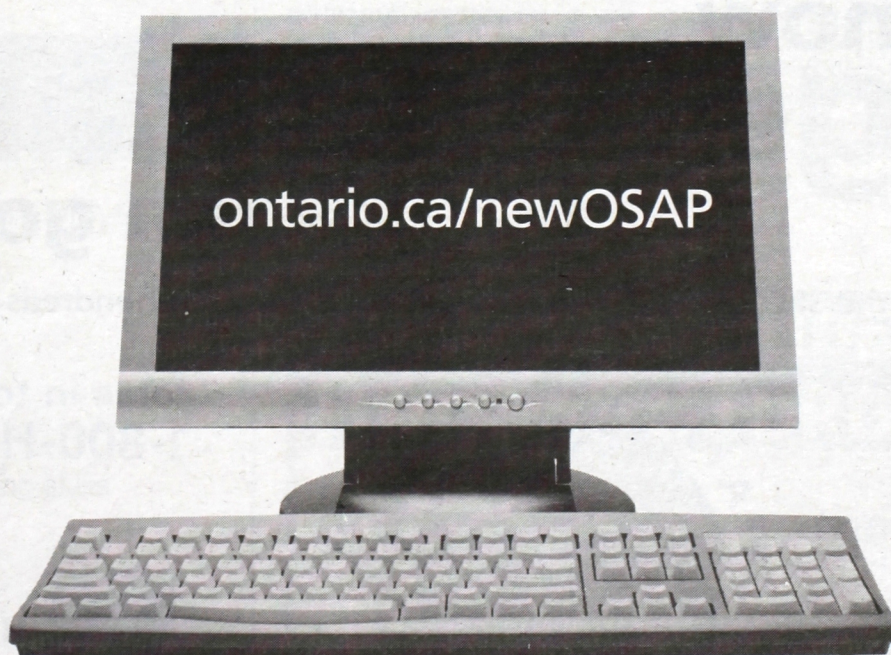
- The LUSAA
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- Lambda

The club will remain active over the summer months. All

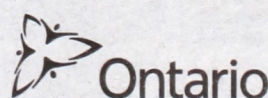
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CAMPUS NEWS

Huntington celebrates Gerontology Awareness Day

CONTRIBUTED
On Friday, March 16, 2007, about 50 people, including students, staff, faculty, graduates and the public at-large joined together for the first ever Gerontology Awareness Day at Huntington University's Social Centre. The event aimed to create awareness, promote the value and celebrate the success of the study and practice of Gerontology.

The day kicked off with a keynote address from Dr. Birgit Pianosi, Chair of the Gerontology program, who spoke about the present state of the profession, followed by Professor Lorraine Mercer, who discussed current trends in international Gerontology education. Students, graduates and guests also had an opportunity to speak about the importance of and need for Gerontology professionals in our community.

"Our goal was to promote partnership between education and community," says Dr.

Pianosi. "Our department recognizes the benefits this program offers to students, employers and the community at-large."

She adds: "A number of community partners were on board to help recognize the importance of Gerontology professionals. Some of our local sponsors included: St. Joseph's Villa, the Alzheimer Society of Sudbury-Manitoulin, and Finlandia Village."

According to the Ontario Seniors' Secretariat, "Ontario is currently home to approximately 1.5 million seniors, that is people aged 65 and over. This is 40 per cent of Canada's seniors' population. The number of seniors in Ontario and around the world is expected to increase even more rapidly when baby boomers turn 65 beginning in 2011."

"Through this event, we hope to continually identify areas where job opportunities may become available," says Dr. Pianosi. "Building solid partner-



Representatives from the Sudbury and District Health Unit, the Northeast Mental Health Centre, the Alzheimer's Society of Sudbury-Manitoulin, Cambrian College and Laurentian University gathered to celebrate the success of gerontological studies. It was all part of the first annual Gerontology Awareness Day, a special event hosted by Huntington University

ships with local employers and community partners will go a long way towards addressing

future demographic trends of the aging population, which is crucial to the success of this profes-

sion."

Huntington University currently offers three- and four-year Bachelor of Arts programs in Gerontology, as well as a three-year B.A. degree in distance education, which is the first of its kind in Canada. As well, a Certificate program in Gerontology and, in cooperation with four community colleges across Ontario, a Diploma in Clinical Gerontology is also available. Both the B.A. and Certificate programs may be combined with specialization in another discipline.

Businesses, students and community members interested in learning more about gerontological studies are encouraged to contact Dr. Birgit Pianosi, the departmental chair at (705) 673-4126, ext. 206 or at bpianosi@laurentian.ca.

For information on registration and enrollment options, please visit: <http://www.huntington.laurentian.ca/>.

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CAMPUS NEWS

Patterson's Unclassifieds: Welcome to LAMBDA

BY SARAH PATTERSON

Hello! The idea of this article is to get the opinions of the student population on a certain subject that is chosen every other week. With that subject I go around the school (AKA: hang out in the student centre) and distract students from their work, convincing them that letting me interview them, a girl with an objective, is much better than whatever else they were doing previous to my bombardment. As a person who has an objective, I write this article for every LAMBDA issue I can and if you feel you need to have your opinion heard, feel free to contact me at sz_patterson@laurentian.ca. If you contact me I will tell you all about the next issues' subject and get your opinions. Unfortunately, since this is the last article it would be directed towards next years issues but I would still love to hear what you have to say in the news reporter type of way, not the desperate 'I need friends' kind of way.

Also, for those who do not

know, I used to put students names in the paper so that the reader could identify with the speaker. Unfortunately students did not feel they could be honest if their comment could be connected directly to them. Instead I no longer take names (so I have no idea who I interview) and instead only ask for their major so you can get an idea of where the students are coming from.

This week I chose to pick on our very own school newspaper the LAMBDA. That's right, I wanted to know just want you thought of the very paper you are currently reading right now. I would love to go into more detail about the subject but if you do not know what the LAMBDA is, perhaps you need to go get some sleep or some medication. For this topic I asked the following questions: do you read the LAMBDA, how do you think this years paper compares to last, what are some improvements the paper could make, do you have any suggestions/comments about the paper and how relevant are the articles to you?

Social Work

[I think the articles are] good. [I am] not sure [about last year] it is good this year. [Two improvements that could be made are:] international issues and more cultural content. I have no suggestions [and the articles] are not relevant at this point/

Health Promotion

Yes [I read the LAMBDA], it's not too shabby and is on par [with last year]. [Some improvements could be to] include some up-to-date articles regarding varsity athletics. I don't have any comments or suggestions [and the relevance to articles] is fair.

English

I do read the LAMBDA. [I think that the articles are] pretty good, though I usually only glance over them. This years paper seems to be equal to last years. One improvement I would like to see is more pictures of the students, I got out to many events and I am never in any pictures. [I suggest that the] LAMBDA keeps up the good work! Very few of the articles have relevance to me.

Nursing

Yes [I read the LAMBDA, it has] a good range of topics/coverage. [Compared to last year] it is not bad, less comprehensive coverage of athletics-more pictures would be nice. Not as many fun things. Drop the writers hints things on spelling-it's not going to help the right people this way-unless you go for big, fun words no one knows. I like seeing our students [in the paper].

Social Work

Yes, [I do read the LAMBDA and I think the articles are] really, really good, funny-love the humour and up to date with current issues. [I believe it is] equal to that of last years paper. [I would like to see] for sale columns, jobs ads and more social justice articles. 5 out of 10 articles are relevant. Keep up the good work!

Dr. Roberta Bondar first speaker in Xstrata Nickel Lecture Series

ALEXANDRA TAYLOR
ASSISTANT EDITOR

World renowned astronaut and neurologist Roberta Bondar spent time at Laurentian last week as part of the Xstrata Nickel Memorial Lecture Series. Presenting twice on March 22nd, Bondar opened the afternoon with a presentation in the Governor's Lounge, addressing students, faculty and community members and sharing the experience of being Canada's first

woman in space. Bondar took the opportunity to explain to the audience how difficult research was for astronauts, and outlined the issues that human bodies deal with when they are weightless and enclosed in a tight space. She also discussed the training that she went through, including experiences on the 'Vomit Comet' as well as the adventures that she and her team members faced while their bodies adjusted to zero gravity. An

audience member asked Dr. Bondar whether any doors had been opened or closed for her as a result of her space travel, and she discussed some of the political aspects of the Canadian Space Agency and their research developments. She also noted that the years that she spent in university were so essential to her career, and that although space travel has certainly been rewarding, it has been her experiences as a doctor that have

been the most fulfilling.

Dr. Bondar holds the title of the first Neurologist in space, and her trip in the shuttle allowed her to begin research into the impact of zero gravity on the brain. She also spent time studying the connection between that impact and neurological disease. She continued this research for over 10 years, working with NASA to help understand the changes that the human body goes through when it is in space. She began astronaut training in 1984 and Dr. Bondar flew on the NASA Space Shuttle Discovery during Mission STS-42 in 1992, during which she performed experiments in the Spacelab. Dr. Bondar left the Canadian Space Agency in 1992 to pursue her research.

At the end of 2006, Xstrata Nickel announced the contribution of \$100,000 to Laurentian University to fund the Xstrata Nickel Memorial Lecture Series. In turn, the University will

match this amount with funds currently in the Falconbridge Lecture trust account. The Falconbridge Lectures were established in 1978 with donations made by Falconbridge Ltd., employees, families and friends in memory of five employees who died in an aircraft accident near Barrie, Ontario, on 7 September 1977.

"With today's announcement, Xstrata Nickel wishes to re-affirm its commitment to the Greater Sudbury community," said Mike Romaniuk, Vice-President of Operations in Sudbury for Xstrata Nickel. "This lecture series brings to Sudbury remarkable speakers who have excelled in their fields, and allows residents of Sudbury and Laurentian students to listen, learn and benefit from the knowledge and experiences shared by these noteworthy speakers."



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CAMPUS NEWS

continued from page 7

He couldn't stand knowing that not everything was in order. This same intensity and pursuit of excellence became obvious to anyone observing how he tackled his swim practices. Dr. Tihanyi believed that practices are like a chain: if you miss even one practice, you miss a link in the chain. Miss enough links, and the chain will fall apart.

Dr. Tyhanyi also found the time to be an incredible father and husband. He married his wife Kathy in 1973, and they have three sons, Miklos, Sacha and Andrey. His devotion as a father was mentioned many times during the memorial service. During his speech, swim team head coach Phil Parker reflected on Dr. Tihanyi's love of his family, saying "He taught me the importance of family outside the pool setting, and how important family is to your success". Speaking on behalf of his family, Dr. Tihanyi's son Miklos spoke of the many memories of his father. He reminded the crowd that while his father may have been an intimidating man, he also had a sense of humour. He shared a story about the time to the two shared many laughs and practical jokes over a sample of rainbow coloured racing suits that had been sent to Doc from a swim company.

Dr. Tihanyi and current AquaVees head coach Phil Parker have formed a close relationship, both on and off the pool deck. The two met in 1997, when Parker was a graduate student. He was sent to talk to Dr. Tihanyi about becoming his research advisor. Parker recalled their first encounter and said "I headed on

deck to introduce myself and there was Doc, running up and down the side of the pool, four stopwatches around his neck, screaming something about a pregnant elephant to a group of ladies in lane one and reaching for a flutter board to launch at the men in the next lane who were well off pace". Parker and Dr. Tihanyi worked for three years over the resulting publication. Parker noted Doc's dedication to all he took on, saying "Doc gave a great deal of time to help and understand every student, swimmer and colleague he was around, no matter how much time it took. He sacrificed a lot of things to see that people met their goals and aspirations. He wanted to see us succeed and he truly felt privileged to be able to help people in this way".

Like every other young swimmer, I grew up hearing the stories of swimming champion Alex Baumann and his legendary coach, but I never thought I would have the chance to work one-on-one with Doc. As luck would have it, I ended up at Laurentian and on the swim team, and was very excited to finally meet the man who I had read and heard so much about.

Doc intimidated me more than anyone else I've ever met. There were times when his constant demand to push myself just that little bit farther made me furious, but I never lost the underlying respect for him that anyone who has ever swum for him possesses. The first time I met him was on my first day as a rookie varsity swimmer, and he was running around deck in a "Laurentian Swimming" shirt, wearing the knee-high socks that anyone who has worked out in

the Ben Avery Building will be familiar with. What made Doc stick out even more though was that he had tossed the typical swim coach footwear of either sandals or running shoes, and instead was wearing black street shoes. Similar to Phil Parker's first meeting, he also had many stopwatches hanging from his neck. We had yet to hit the pool, it was obvious he couldn't wait to get practice started and he was elated that another swim season was underway.

While I never trained full time under Doc's guidance, I was lucky enough to have had the opportunity to swim a handful of practices with him. One memory that sticks out in my mind was a practice he had written involving a long series of 100 meter sprints. Doc meticulously timed and recorded each swimmer's times, yelling when the times weren't up to standard, and praising when they were good. About a month later, I swam the exact same practice again with Doc. After having another month of training under my belt, I felt an improvement in my swimming, and I was hoping Doc would notice and offer advice. During the actual practice Doc didn't have a chance to offer any real feedback, but this was understandable given the fact that there were about ten swimmers all racing at the same time and it was an incredibly fast-paced practice. Doc approached me while I was stretching after practice and asked me to come and see him when I was done. He sat down with me and compared my times from a month ago to my current times, offered his advice and pointed out where I needed work, and where I had done well. His final words to me that day

were words of encouragement, and I don't think I will ever forget that. While he may have come across as intimidating, his heart and dedication to each swimmer was what shone through.

Coach Parker also noted this commitment to each swimmer, saying "As the years flew by and our relationship grew, the most notable thing I found with Doc was that every swimmer was a champion to him. It did not matter if you were a national qualifier or a swimmer desperately trying to crack a minute in the 100m freestyle. A swimmer was a swimmer, and he saw to it that each and every one was given the same opportunity to achieve success".

Unfortunately, due to his health complications, Dr. Tihanyi was not able to make it out on pool deck during the 2006-2007 swim season. Coach Parker stressed though that Dr. Tihanyi wanted to be there, and still kept up on how all his swimmers were doing. Swimmer Stephanie Kuhn said "This past year was very hard without having Doc around. I thought about him all the time but I, along with the rest of the team, knew that he was thinking of us a lot".

Many of those who follow Laurentian swimming will be familiar with Stephanie Kuhn. Kuhn is one of the stars of the team, and was coached by Dr. Tihanyi in all four of her seasons with the team. When asked about the influence Dr. Tihanyi had on her swimming career, Kuhn reflected on their relationship, saying "He was like a second dad to me and taught me so many things, about swimming and life in general. His determination and dedication always amazed

me and now all I can think of is how much he cared and wanted what was best for everyone that surrounded him. These past few weeks haven't been easy but he's not in pain anymore and that's the important thing. I am just so grateful to have been able to be coached by him for the past few years. He was the main reason why I came to Laurentian. I knew that if I wanted to achieve my goals, he was the one that could get me where I wanted to go".

Every day Doc pushed those around him to follow the Laurentian motto of pride and tradition. He took great pride in watching his swimmers develop under his guidance, and the lessons he instilled in his swimmers will be long-lasting. Stephanie Kuhn said it best when she stated "I have one more year of eligibility left and I will give it my all, not only for myself but also in honour of Doc!". Phil Parker also noted "I believe everyone who has had the privilege to meet Doc is a stronger, wiser, and more confident person. He taught us every day to better ourselves in some way so that by the end of our destination, the outcome will always be success, no matter how many bumps we've hit along the way. I've seen him help C students turn into A students, I've seen him turn mediocre swimmers into champions and I've seen him help colleagues and friends such as myself find their true passion in life, and for that I will be forever grateful". He will be sorely missed by all whom he coached, guided and mentored.

"Excellence is achieved not by pushing performance but by pushing improvement. What matters is not how fast but how well". - Dr. Jenő Tihanyi

Meet your new Editor!

Oh hello! As you may already know, I'm Alex Taylor and I'll be Editor-in-Chief of LAMBDA next year. My experience with the paper this year has been fantastic, starting out as Science and Tech Editor and working my way up to Assistant Editor. I've had so many incredible opportunities to explore the school and get involved in events and student organizations.

In addition to my role as Editor next year, I'm also VP of Finances for the Laurentian University Political Science Association, and I'm a member and supporter of a number of other groups, including WEMF, the Film Club and the Photography Club. I'm confident that the 2007-2008 LAMBDA will be an amazing paper that you'll be proud of. Along with a few layout changes, I'm also planning on expanding some of the columns we have now to include more interaction with the student groups on campus, as well as more coverage of the local Sudbury events that interest students.

The LAMBDA office is also getting a makeover this summer, and I'd like to encourage everyone to visit it in September to have a look at the changes - feel free to come and hang out! Everyone is welcome to visit and I'd love to hear your perspectives on what you'd like to see in LAMBDA and how you'd like to see the paper evolve and grow.

I'll also be looking for a handful of new employees, including an Assistant Editor to take over for me. We're also looking for contributors and writers - Have something to say? Send it in! Most importantly, I'd like to encourage everyone to participate in as much as you can next year - We go to an incredible school and we should be proud of that! Feel free to contact me any time at rocketship@hotmail.com, or at lambda@laurentian.ca. See you in September!

Alexandra Taylor

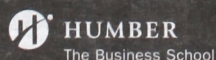


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CAMPUS NEWS

Incontri made huge impact

BY DANIELE MUSCOLINO
CONTRIBUTOR

It was easy to feel a little Italian on campus this past school year. That's because Incontri, Laurentian University's Italian Club, made a huge impact quickly becoming the biggest school club on campus.

Whether it was reliving Italy's World Cup win on different occasions, or sampling great food throughout the year, it was hard to miss the Italian spirit that invaded Laurentian this past year.

Incontri celebrated its 23rd year on campus with over 260 members and became one of the most active clubs hosting numerous social gatherings. The more memorable events included the World Cup Champions Pub Night in the Pub Downunder and the many pasta buffets, pizza, bocce games and the Wine & Cheese Culture Night all held at the Caruso Club in Sudbury's west end.

"We have had the most successful year in our 23-year history," said Silvano Costantini, vice-president of Incontri, "we owe it all to our hard working executive and our 260 members."

Incontri not only made an impact at Laurentian, but within the community as well. A renewed partnership has been formed between Incontri and the Caruso Club, the heart of Sudbury's Italian community.

The club was also able to reach out to the city's homeless when members donated one whole week of volunteer hours to the Samaritan Centre soup kitchen in downtown Sudbury.



Contributed
Members of Incontri, Laurentian University's Italian Club, celebrate Italian culture at the World Cup Champions pub night in January.

The goal of Incontri is to promote and enrich Italian culture on campus and within the community which was easily achieved this year. This was accomplished throughout the year with language competitions, cultural nights, and of course – food and wine.

Some members of Incontri will finish out the remainder of the year with a Member's Appreciation Night on April 25, while others will be traveling a little further.

Because of the large membership, the Incontri executive decided it was time to bring back

an old tradition – a trip to Italy. Some members of the club will be traveling to Italy in May 2007 to take a ten-day tour of Rome, Florence, Venice and more.

The Executive of Incontri hopes that they can continue this strong tradition at Laurentian for the coming 2007 – 2008 school year.

"We couldn't have asked for a better year," said Costantini, "to all of our members we say a heartfelt 'Grazie!'"

(The Incontri Italian Club can be reached at lu_italian@laurentian.ca)

Lacrosse news

CONTRIBUTED

The Canadian University Field Lacrosse Association (CUFLA) is proud to announce the expansion of the league to include Laurentian University and Trent University. After two years of competing with CUFLA teams in exhibition matches, both Trent and Laurentian have been voted by the CUFLA executive and coaches to become full members.

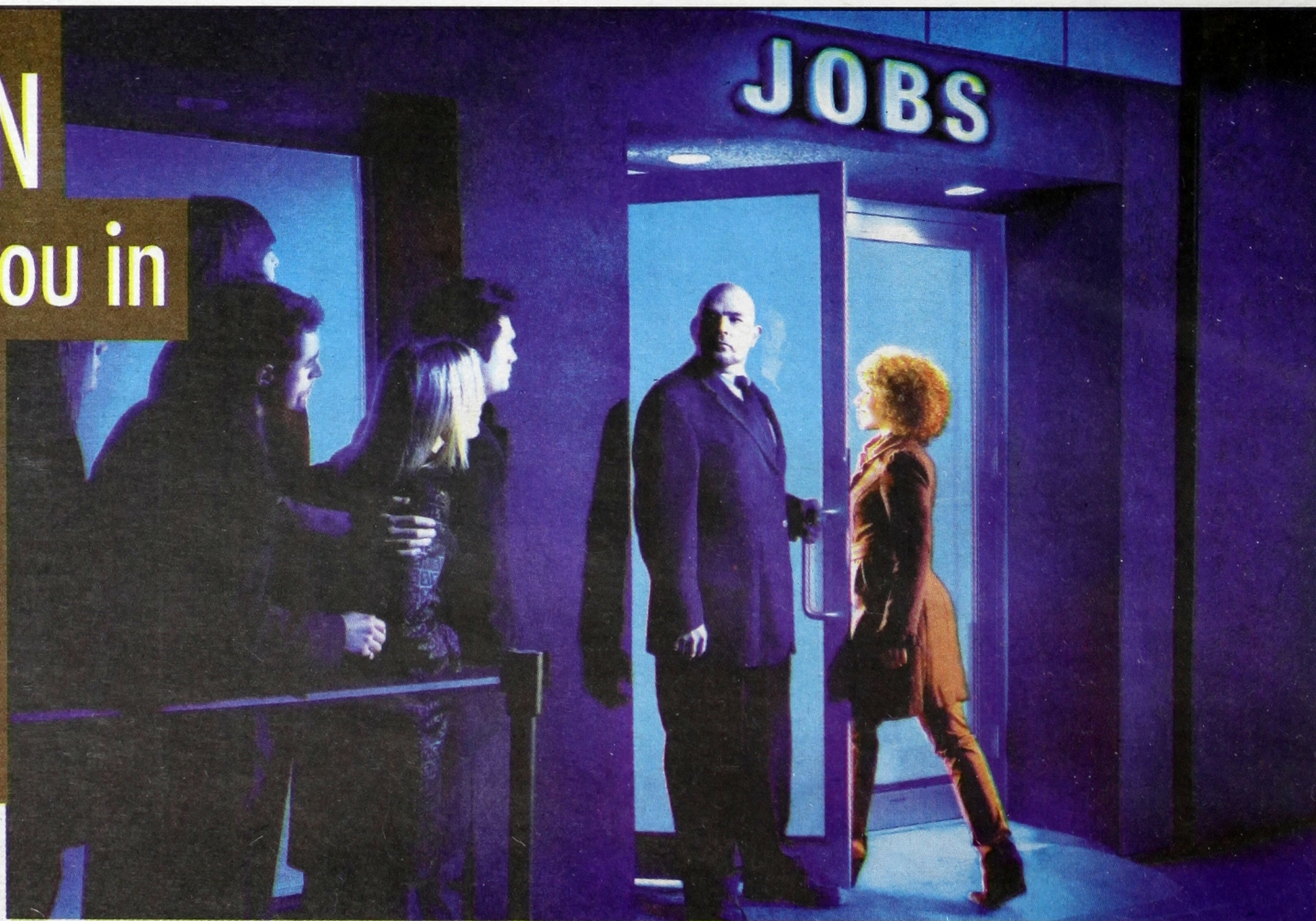
George Sheppard, head coach of Laurentian, says "The Laurentian Men's Lacrosse team is very pleased to have been granted membership in CUFLA this spring. About a century ago lacrosse was called the "King of Sports" in Sudbury, and the region was a well-known hotbed for Canada's National Summer game. The Laurentian men's squad has only been organizing and playing exhibition matches since early in 2005 but we look forward to being competitive right off, with support from the local lacrosse community and the university's Athletic and Active Living departments. We have a base of players who come from centres like Peterborough, Orillia, Whitby, Fonthill, St. Catharines, Brampton and Toronto, as well as some home-grown talent coming out of box associations that have sprouted around the North in the last few years. We know we will only grow stronger as the message gets out that field lacrosse has returned to Northern Ontario in a big way, and other student-athletes choose L.U. as a place

where they can study and play their National Game at an elite level".

Jesse Thomas, head coach of Trent, writes: "We are proud to be a member of the Canadian University Field Lacrosse Association, the premier field lacrosse league in the country. It is a great honour to have the opportunity to play in the University league. We are a young program but it was the right time for us to join. We have the talent to be a strong competitor, and we attribute much of this to our geography. Peterborough and the Kawartha is a hot-bed for lacrosse and there is great interest on campus from students and faculty in getting a program off the ground. We have the talent to compete at this level and we are all really looking forward to the 2007 season". CUFLA has been operating for 21 years and now includes 12 teams which span from London, Ontario to Lennoxville, Quebec. New divisions have been formed to accommodate both the current and future expansion of the league.

Each team will play a 6 game regular season schedule (home and away games against each respective division teams). A new playoff format to compete for the Baggataway Cup will be created at CUFLA's annual general meeting in June and will likely be spread over 2 week-ends. Discussions will also include additional cross over games. The 2007 season will begin in September.

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